High cholesterol, High blood pressure with previous heart attack

On October 3rd, 1991 a 49 year old male was seen by us with this blood test result: cholesterol; 7.39 (normal=under 5.2) risk factor 6-8 (normal=under 4.5) blood pressure 128/92. He was at the time taking diuretic, blood pressure and anti cholesterol pills. After 6 weeks of our treatment he showed blood test results; cholesterol 3.72 risk factor 3.7. His blood pressure was at 118/72 in the morning and 150/90 (worst) in the evening. His cholesterol and blood pressure are now in the normal range, he is in good condition despite alcoholism and no longer has to take any pills.